

## **Cyber Bullying Prevention**

### **Mobile / Email**

- Do not give your number/address to anyone but trusted friends

If you get abusive calls/texts/emails :

- Block numbers
- Change number
- Report to police

### **Social network sites**

Only allow close friends to access your page

Make sure your privacy settings are set so that only friends can access your details

If abusive posts:

- Report abuse to site (on most sites there is a report abuse button)
- Report abuse to police
- Close your account
- Don't go on site